

JOIN THE CHALLENGE

CENTRAL MINNESOTA  
Benton - Sherburne - Stearns

# BIKE TO WORK WEEK

May 13th - May 17th

Bike to Work Week is a national event that promotes bicycling as a mode of transportation.

Join communities across Central MN in celebrating Bike to Work Week!

Grab some co-workers, bike to work, snap a photo and share.

Entries will be entered to win breakfast delivered to work the following week for those who participated.

## To Enter\*

1. Post your photo on Facebook or Instagram
  2. Use the hashtag #BikeMeetsWork2019 & include your place of employment
  3. Or submit your photo to SHIP.RALAG@gmail.com
- All photos must be posted or submitted by 5:00 pm on 5/17

*\*By submitting an entry and participating in this contest, I agree and acknowledge the guidelines as outlined in the Photo Waiver and Release and give permission to the Statewide Health Improvement Partnership to use the photo in promotional materials. See reverse side or email SHIP.RALAG@gmail.com for details.*

